

UFOP seminar on 2nd Novembre 2021
AiF research project 20197 N

Development of new concepts for the optimization of
the structure and sensory properties of reduced-fat food products
by means of protein functionalization
and molecular-sensory methods

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Entwicklung neuer Konzepte zur Optimierung von
Struktur und Sensorik fettreduzierter Lebensmittel
durch Proteinfunktionalisierung
und molekular-sensorische Methoden

M.Sc. Caren Tanger, Prof. Dr.-Ing. Ulrich Kulozik

Background and Motivation

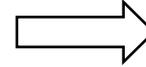


Risk for diet-related illnesses

Demand for new concepts related to a significant reduction of salt, sugar and **fat** in food products

Current concepts for fat reduction:

- Undesired side effects
- Reduction of product volume
- Negative influence on product texture and flavour perception



Sustainability matters

Demand for new concepts related to the exploration of **plant-based** alternative food ingredients

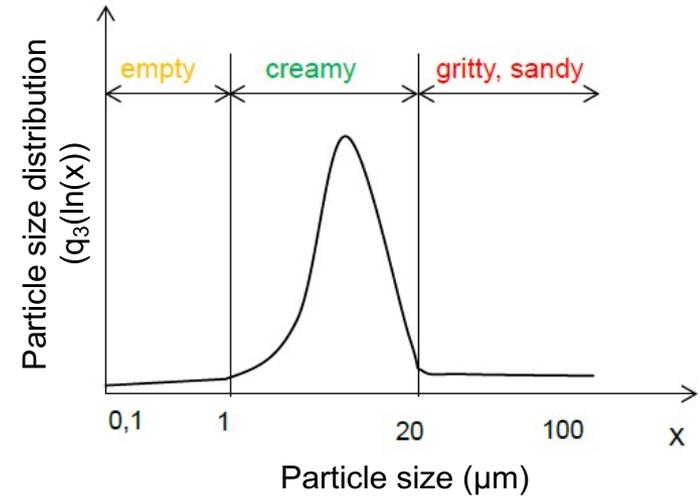
Challenges related to plant-based protein alternatives:

- Off-flavour
- Low solubility
- Low techno-functionality

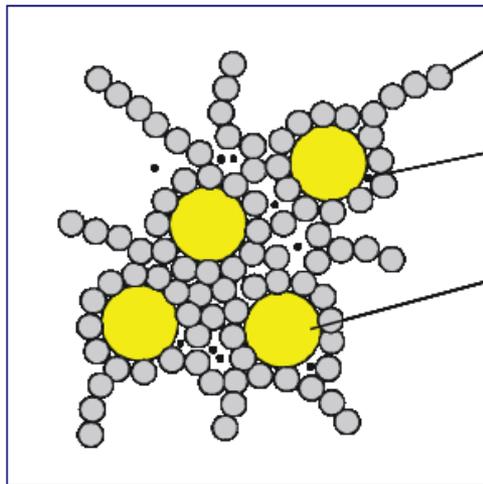


Concepts for the replacement of fat in food products

Utilization of microparticulated milk proteins to maintain a creamy mouthfeel in fat-reduced products



40% fat cheese



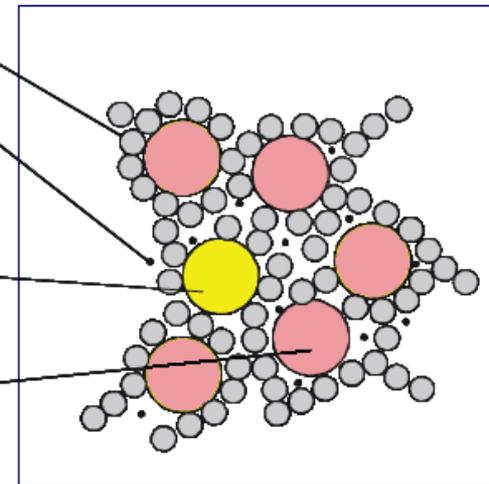
Casein
(100 - 300 nm)

Native Whey Protein
(3 - 5 nm)

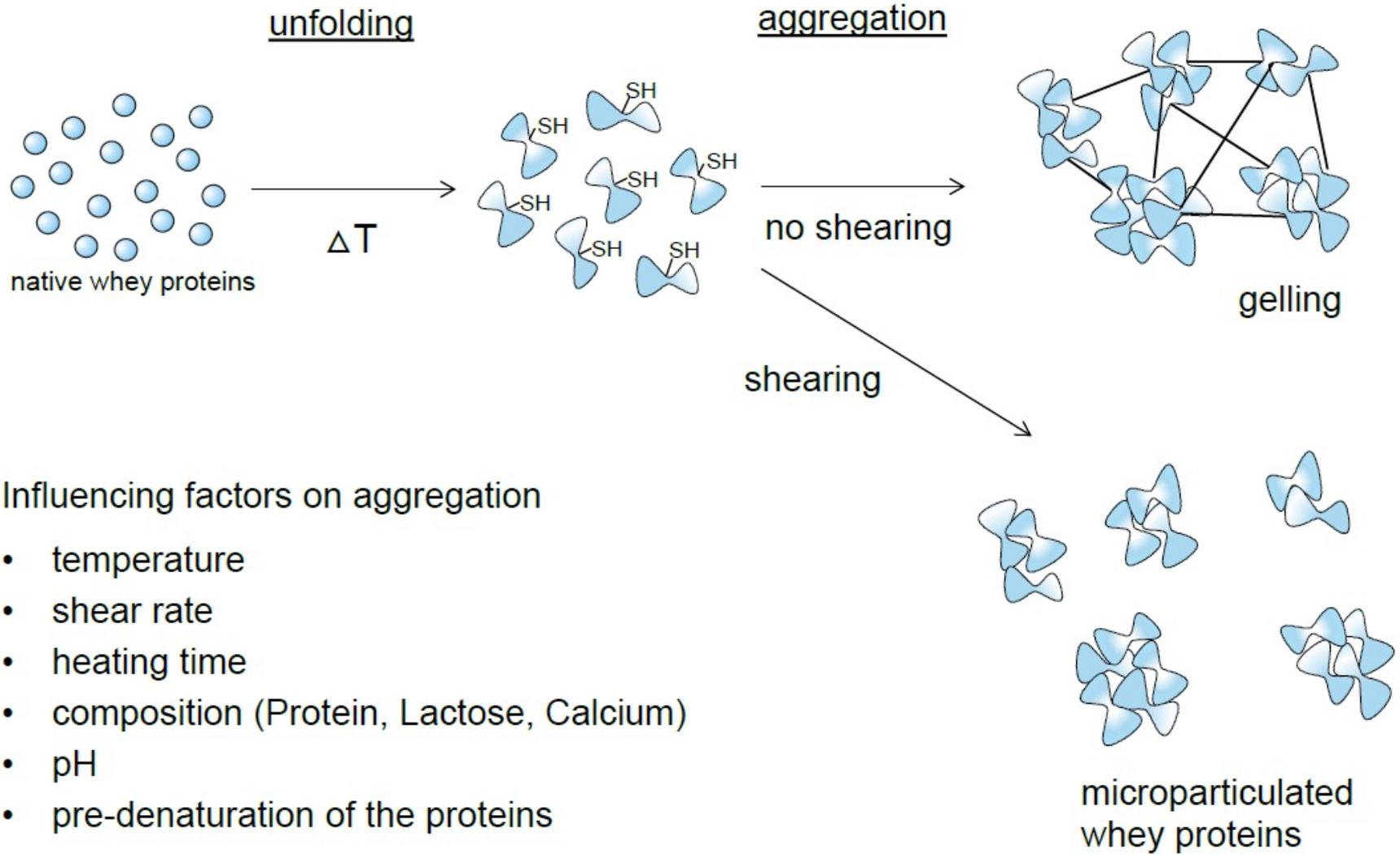
Fat
(1 - 10 μm)

**Microparticulated
Whey Protein (MWP)**
(1 - 10 μm)

reduced-fat cheese



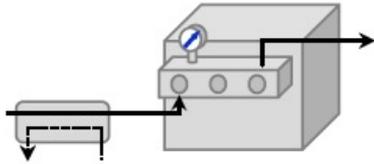
Microparticulation of proteins



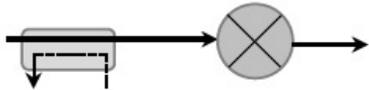
Influencing factors on aggregation

- temperature
- shear rate
- heating time
- composition (Protein, Lactose, Calcium)
- pH
- pre-denaturation of the proteins

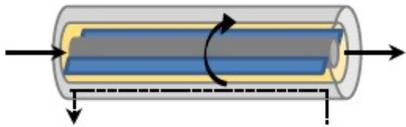
Methods for microparticulation of proteins



High pressure homogenizer

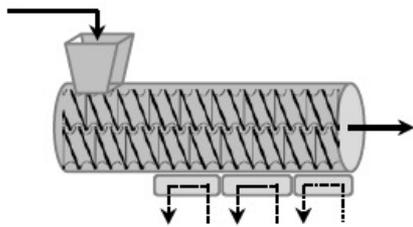


Dispersion unit



Scraped surface heat exchanger

Protein concentration
as limiting factor
(max. 10%)

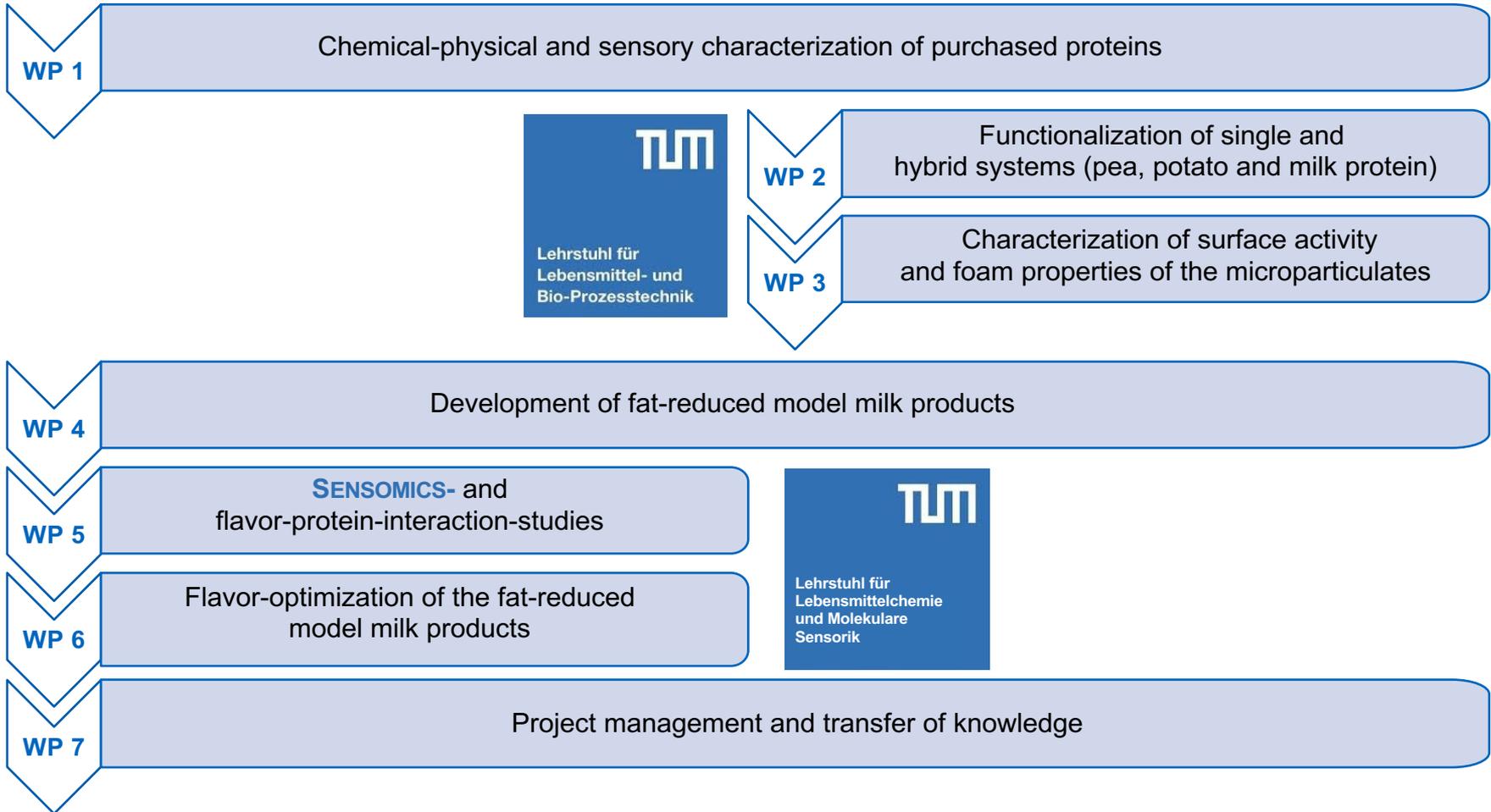


Extruder

Advantages using **extrusion** for production of microparticulates:

- High viscosities and thus, high protein concentrations feasible
- High variation possibilities of process parameters
- Low holding times at high degree of denaturation
- Low amount of caking

Project Outline



Physico-chemical characterization



	Pea protein isolate	Potato protein isolate	Whey protein isolate
Protein concentration	80% - 90%	80%	90%
Solubility	low	high	high
Protein profile	Several protein fractions	Two protein fractions	Two protein fractions
Nativity	low	high	high

Protein profile pea



Salt soluble

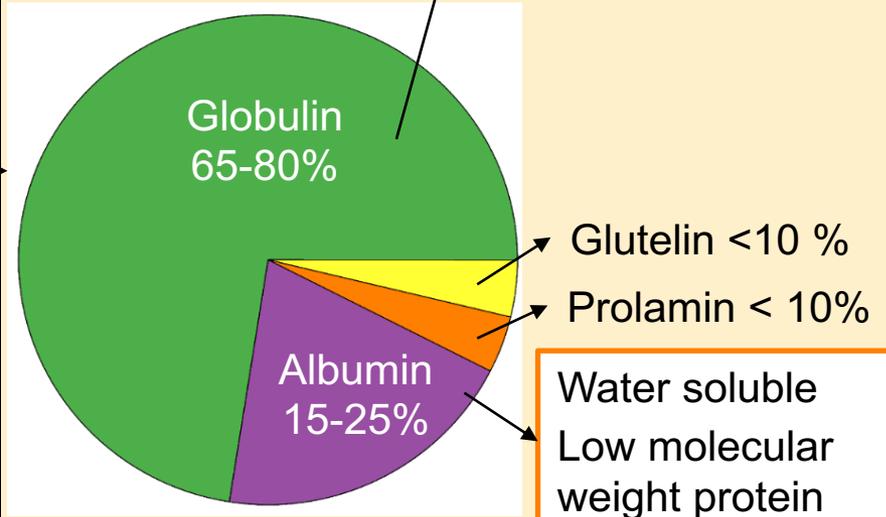
IEP: pH 4.5

11S Legumin, Hexamer (360-410 kDa)



7S Vicilin, Trimer (150-200 kDa)

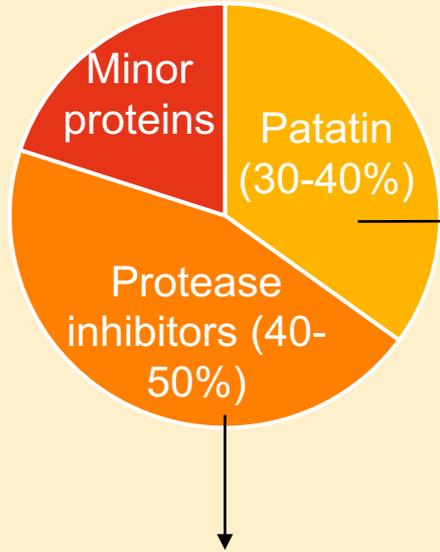
7S Convicilin, Tetramer (210-290 kDa)



Pea protein isolate	
Protein concentration	80% - 90%
Solubility	low
Protein profile	Several protein fractions
Nativity	low

Water soluble
Low molecular weight protein

Protein profile potato



- 40-45 kDa, glycoprotein,
- Low heat stability
- 1 free thiol group

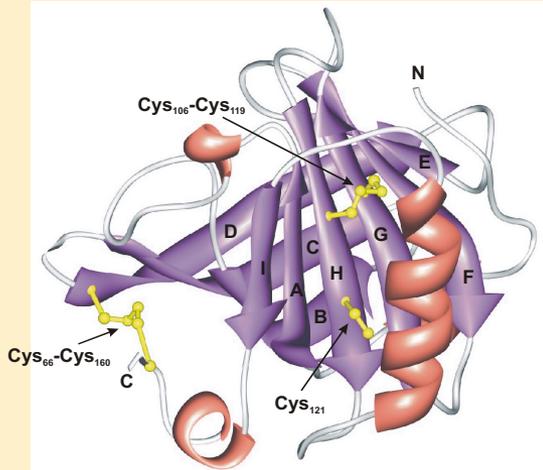
- Consist out of 7 subgroups, 5-25 kDa
- Decrease digestibility
- Inactivated upon heating



Potato protein isolate	Whey protein isolate
80%	90%
high	high
Two protein fractions	Two protein fractions
high	high

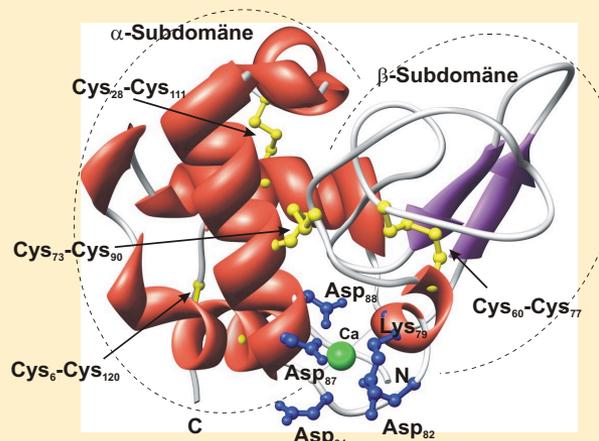
Protein profile whey

β -Lactoglobulin



- 40 – 50%
- Amount in whey: 3.5 – 5 g/l
- Globular protein
- 18.4 kDa
- 1 free thiol group
- 2 internal disulphide bonds

α -Lactalbumin



- 10 – 15 %
- Amount in whey: 1 – 1.5 g/l
- Globular protein
- 14.2 kDa
- Ability to bind calcium:
 - holo- α -La (+Ca)
 - apo- α -La (-Ca)



Whey protein isolate

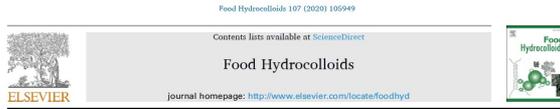
90%

high

Two protein fractions

high

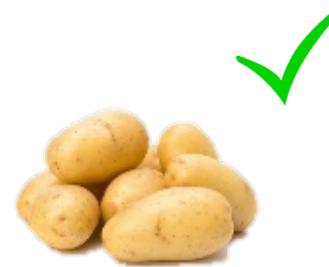
Producing „native“ pea proteins on laboratory scale



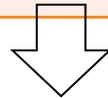
Influence of extraction conditions on the conformational alteration of pea protein extracted from pea flour

Caren Tanger, Julia Engel, Ulrich Kulozik

Chair of Food and Bioprocess Engineering, Technical University of Munich, Wilhelmsstrasse Berg 1, Freising-Weihenstephan, Germany

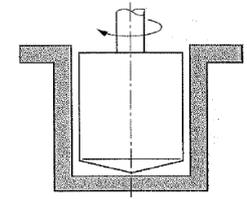
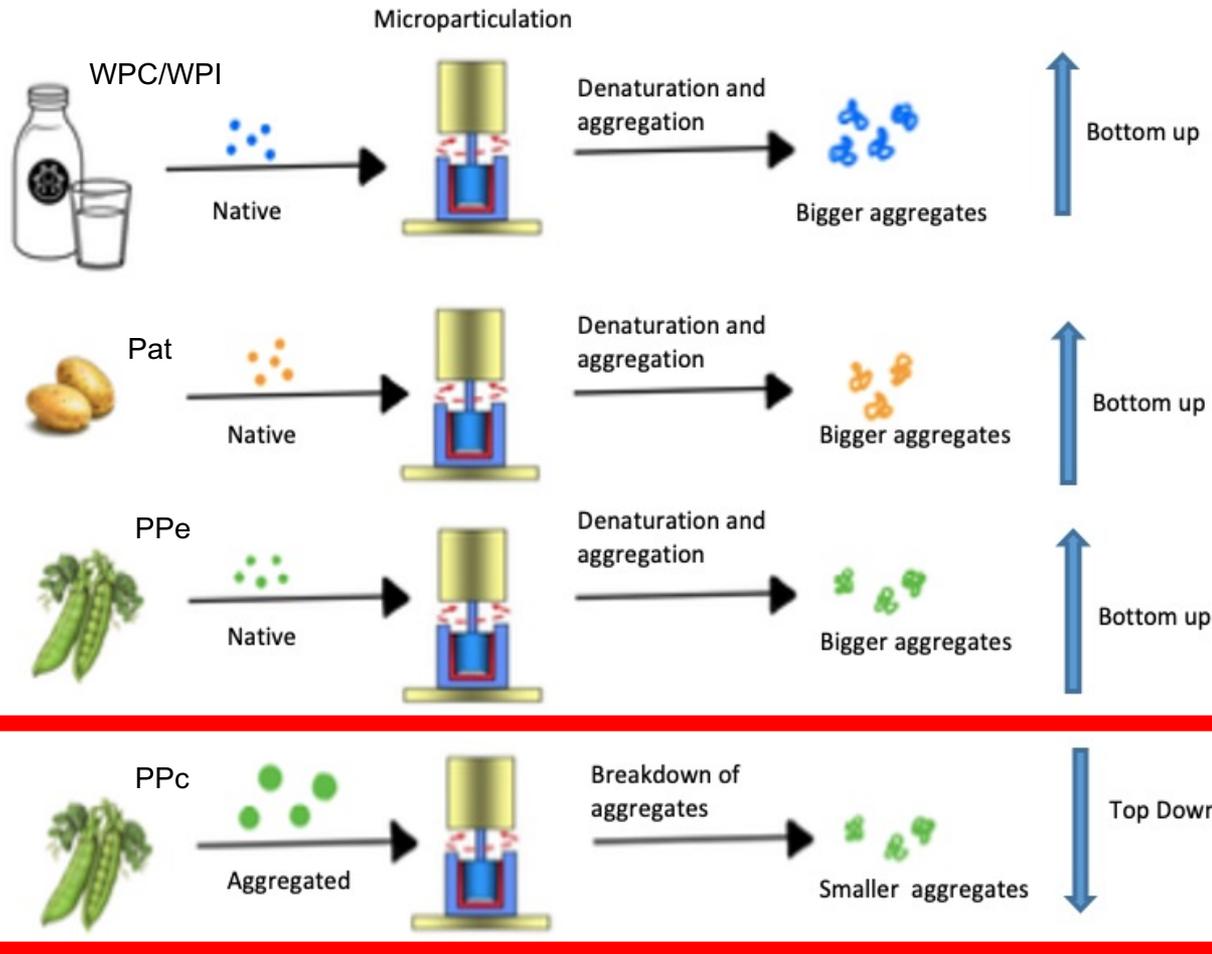


	Pea protein isolate	Potato protein isolate	Whey protein isolate
Nativity	low	high	high



Extraction method	+	-
Alkali extraction – isoelectric precipitation	fast extraction	Low solubility
Alkali extraction – isoelectric precipitation modified	High solubility, fast extraction	Possibly damaged protein structure
Salt extraction	High solubility	Low denaturation peak Long extraction
Micellar extraction	Probably lowest damage (clear denaturation peak)	Low solubility

Microparticulation of plant protein in comparison to whey protein on small scale

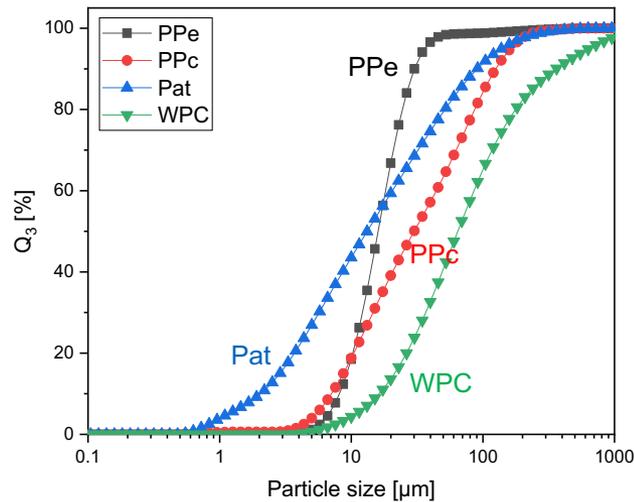


Mooney-Ewart geometry

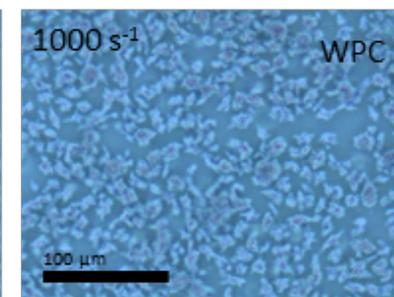
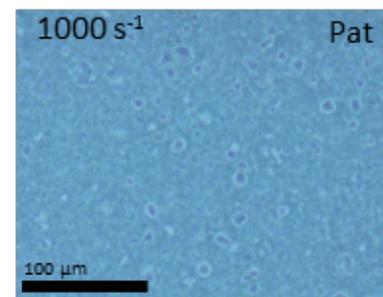
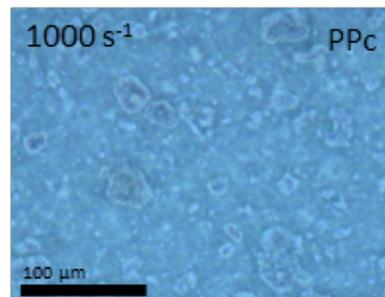
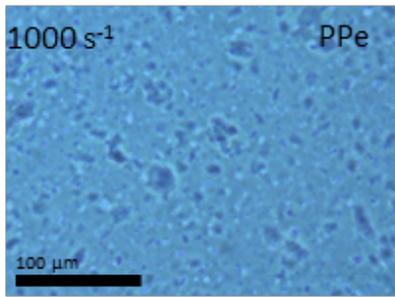
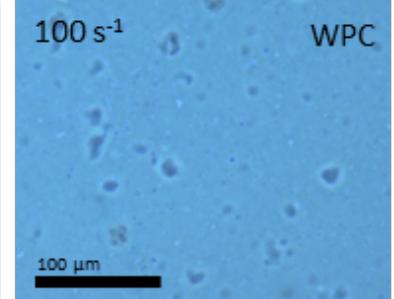
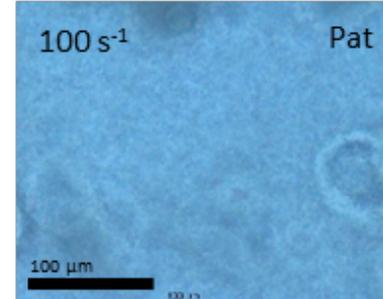
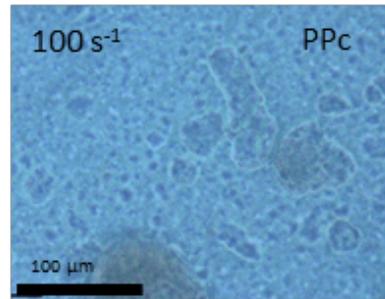
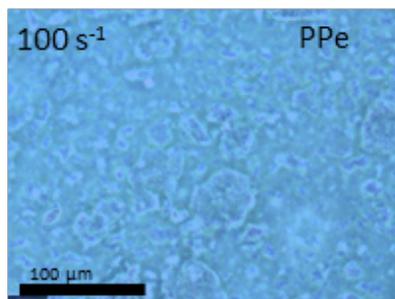
Different process to whey protein

WPC = whey protein concentrate; WPI = whey protein isolate; Pat = potato protein isolate; PPe = laboratory extracted pea protein; PPc = commercial pea protein isolate

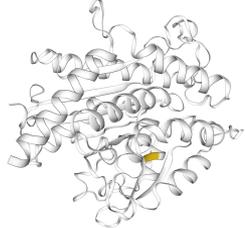
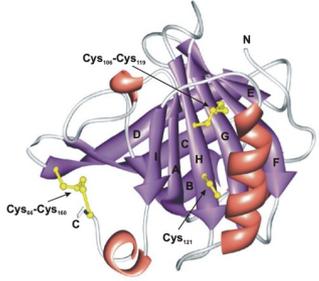
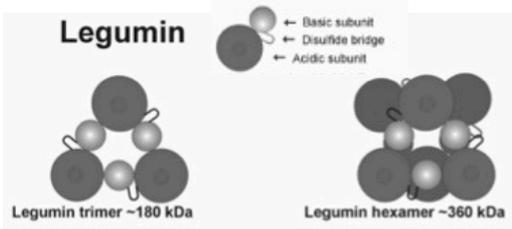
Microparticle characteristic – size and shape



- Plant protein particles are in a suitable size range
 - Extracted and commercial pea protein behave differently!
- Plant protein microparticles are round



Thermal stability of whey and plant proteins

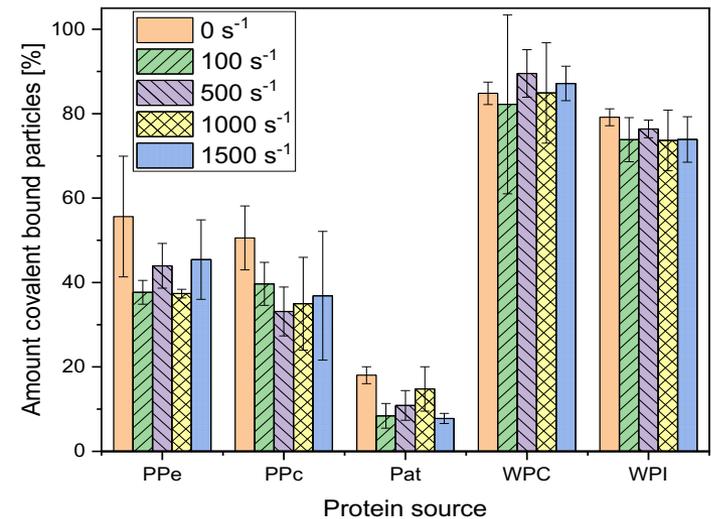
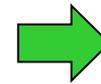
Protein	T_{denat} [°C]	Structure
Patatin	63	
Whey protein isolate	73	
Laboratory extracted pea protein	78	 <p>Legumin</p> <ul style="list-style-type: none"> Basic subunit Disulfide bridge Acidic subunit <p>Legumin trimer ~180 kDa Legumin hexamer ~360 kDa</p>

* Commercial pea protein did not show any peak by DSC analysis → high initial denaturation

Possible reaction mechanism of thiol groups



	β -LG	Patatin	Legumin
Disulphide bonds	2	0	1-2
Thiol group	1	1	3

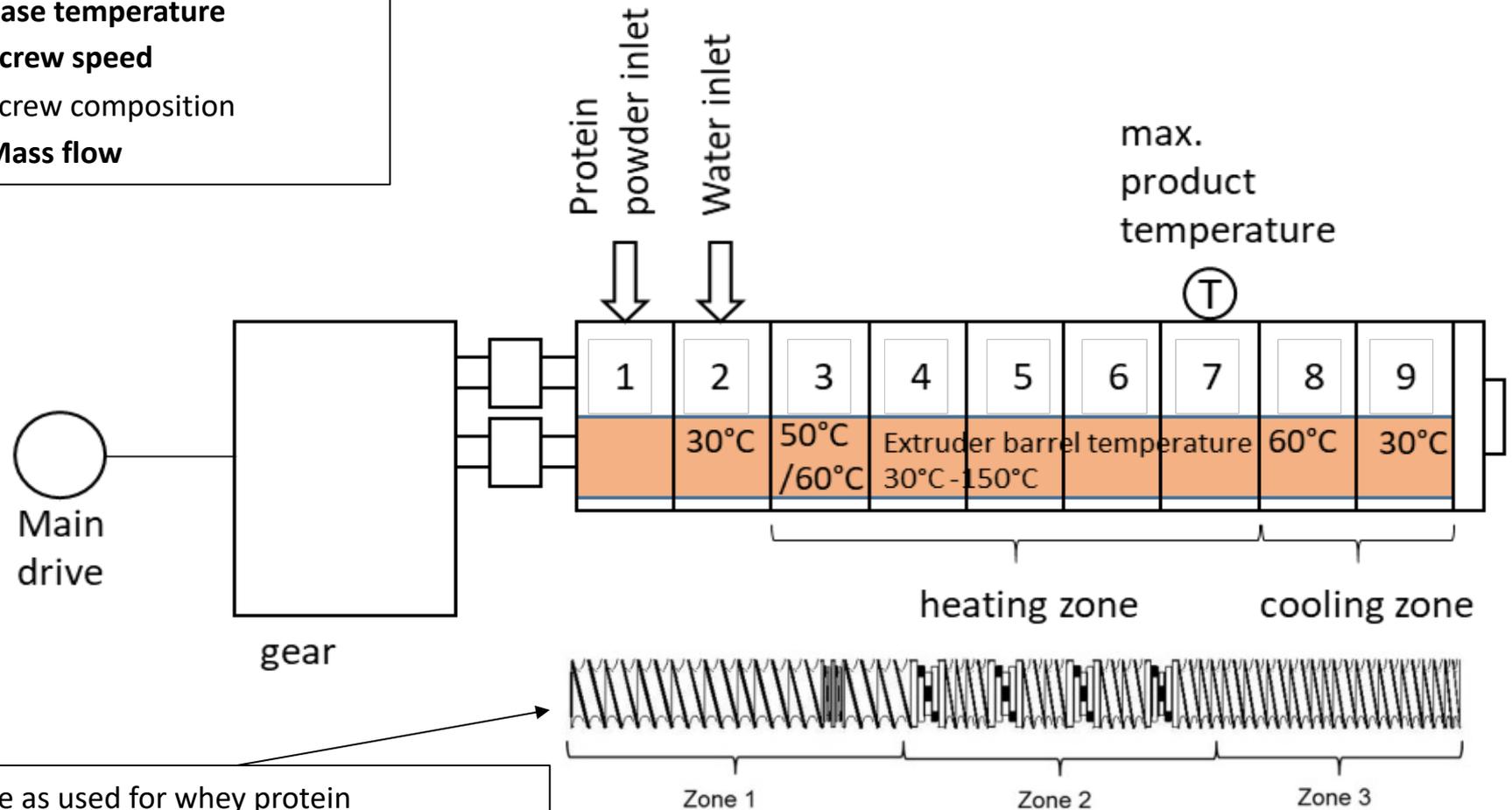


Plant protein microparticles are mostly stabilized by hydrophobic interactions

→ Softer particles compared to whey protein particles

Thermo-mechanical treatment – extrusion set-up

- Process parameter
- **Case temperature**
 - **Screw speed**
 - Screw composition
 - **Mass flow**



Same as used for whey protein microparticulation (Wolz et al. 2016)

Pea and potato protein microparticulation – large scale (extruder)

Extruded pea
protein
microparticles

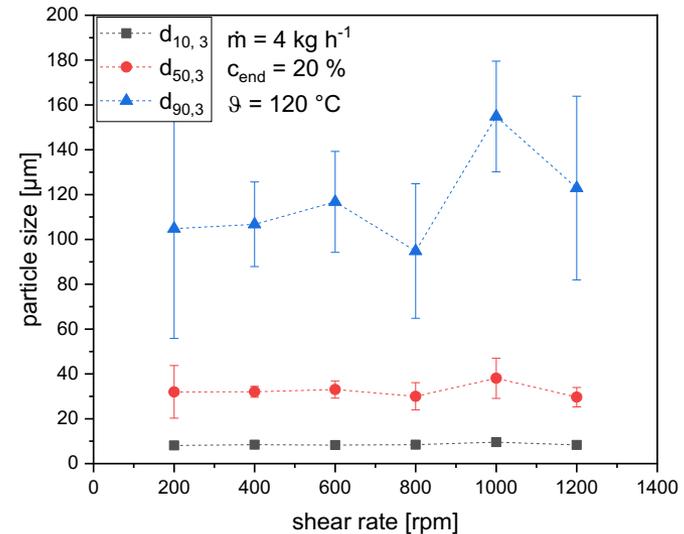
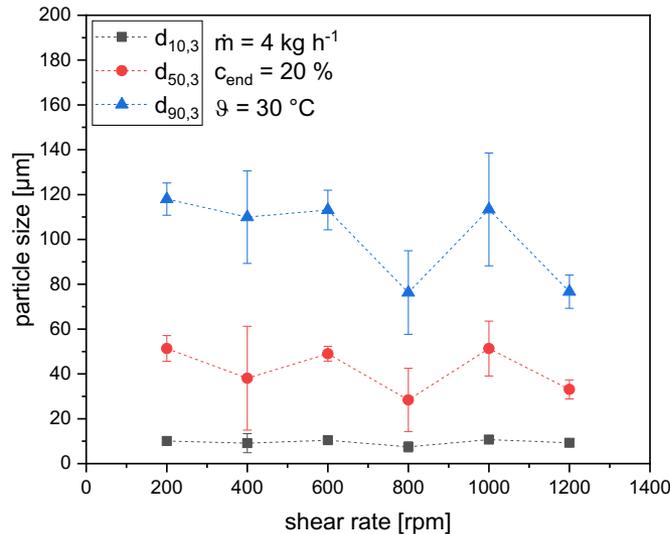


Extruded
potato protein
microparticles



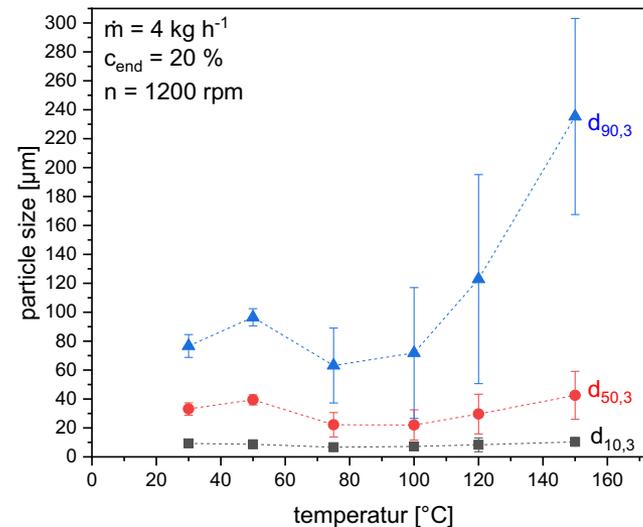
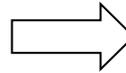
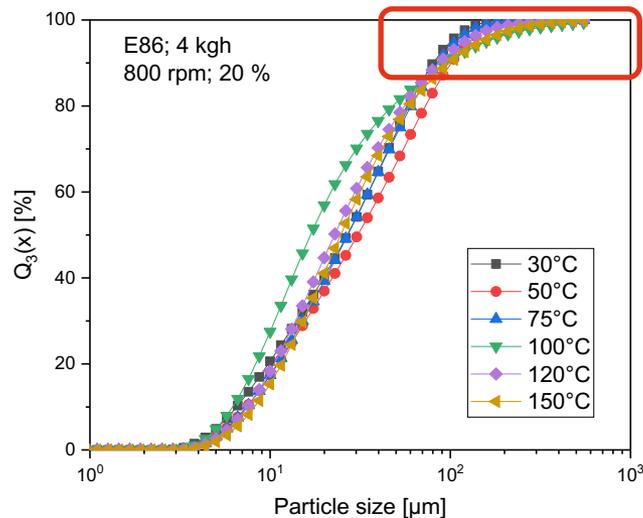
- Pea protein microparticles have a smooth peanut butter like texture
 - Potato protein microparticles are foamy and show big visible particles
- **Commercial pea protein isolates is investigated in more detail**

Influence of shear rate on particle size – large scale



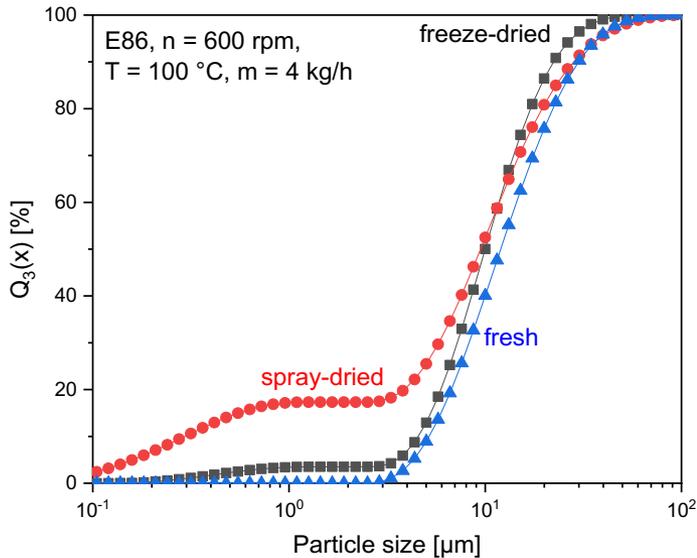
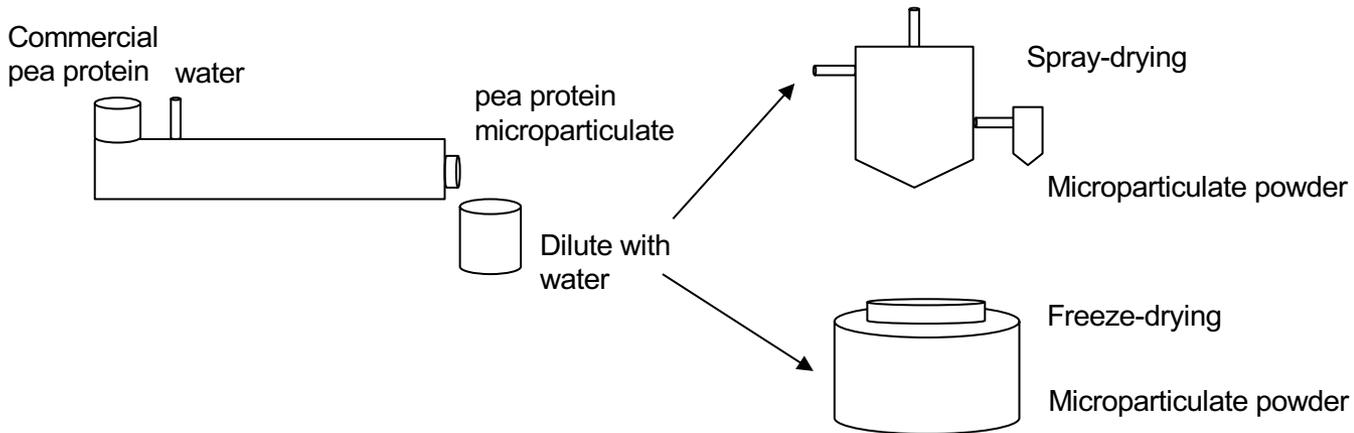
- Small shear rate is sufficient to limit particle size and prevent gel formation
 - Similar to whey protein -> impact on particle size has only been seen at lower shear rate (< 200 rpm)
 - Below 200 rpm extrusion of pea protein was not continuous

Influence of temperature on particle size



- D_{90} increase at 100° C
- Hydrophobic interaction increase in intensity with increasing temperature
- Reactivity of thiol groups increase at increasing temperatures
- Shear cannot limit particle growth due to the increase in intensity of protein interactoin
- temperatures between 75° C and 120° C most suitable

Effect of drying on particle size



- Drying does not increase particle size of microparticulate
- Drying does change protein-flavour binding

WP 4: Development of a model milk dessert



7% Powdered sugar
47% Skim milk yoghurt (0.1% fat)
1% Stabiliser (HAMULSION)

Microparticulates as
substitutes (50%)

45% Pasteurized cream

Non-foamed dessert

Dispersing

Whipping

Foamed dessert

Dispersing

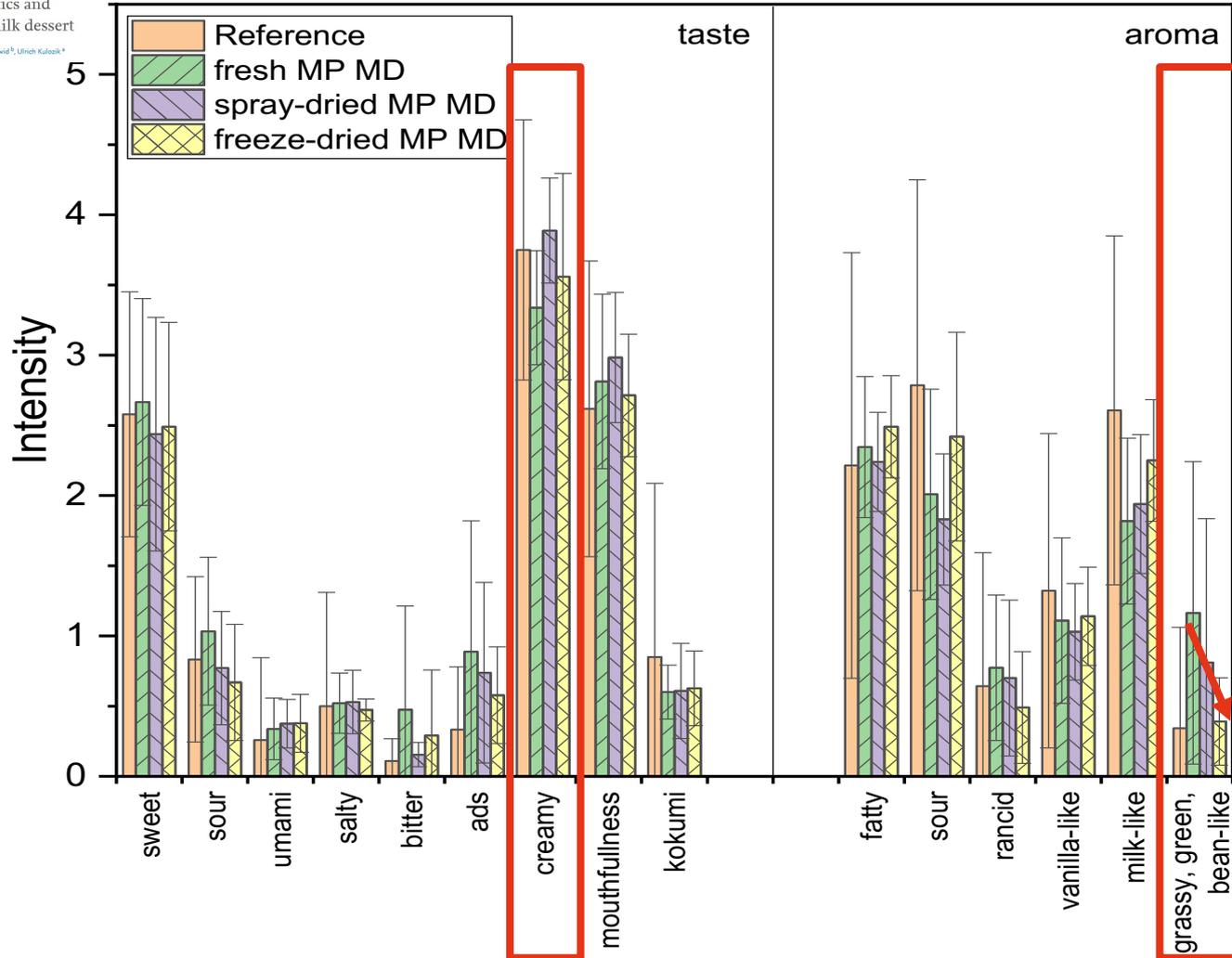


Flavour profile of full-fat and fat-reduced milk dessert



Pea protein microparticulation using extrusion cooking: Influence of extrusion parameters and drying on microparticle characteristics and sensory by application in a model milk dessert

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Summary and Outlook

Summary:

- Different functionalities of pea, potato, and whey protein lead to different thermally induced aggregation behaviour
- Aggregates / microparticles could possibly be used as fat replacer

Outlook:

- ➔ Can aggregates / microparticles also be used for other applications (foam stability, emulsion stability, food structuring)?
- ➔ Can the microparticulation process also be used for functionalising other plant-based proteins (oat, sunflower, chickpea, etc.)?

Thank you for your attention!



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... ein Projekt der **Industriellen Gemeinschaftsforschung (IGF)**

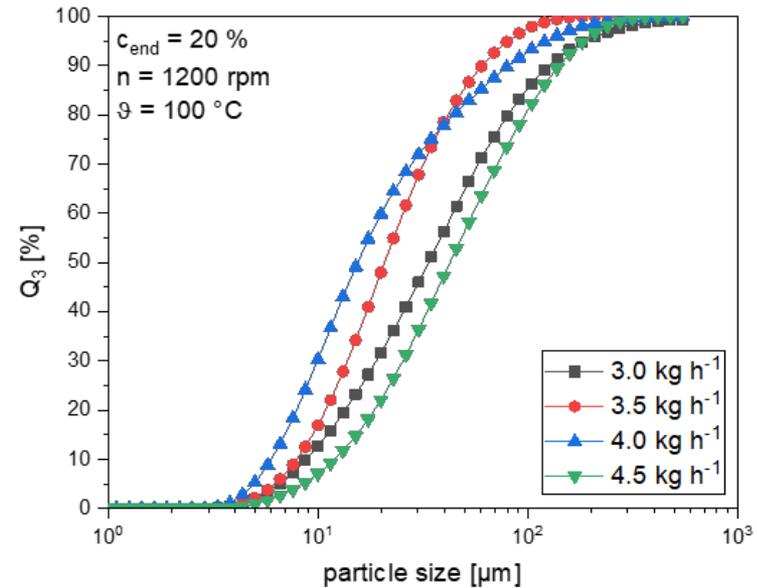
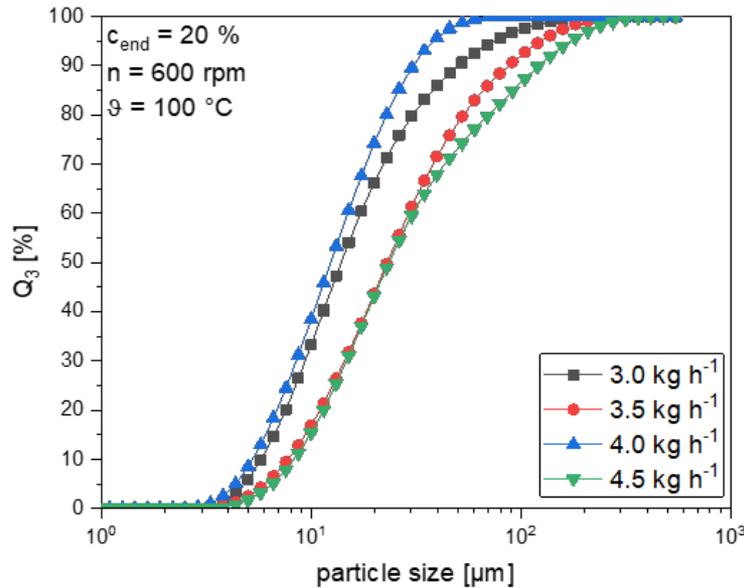
gefördert durch/via



Das IGF-Vorhaben 20197 N der Forschungsvereinigung Forschungskreis der Ernährungsindustrie e. V. (FEI), Godesberger Allee 142-148, 53175 Bonn, wurde über die AiF im Rahmen des Programms zur Förderung der Industriellen Gemeinschaftsforschung (IGF) vom Bundesministerium für Wirtschaft und Energie aufgrund eines Beschlusses des Deutschen Bundestages gefördert.

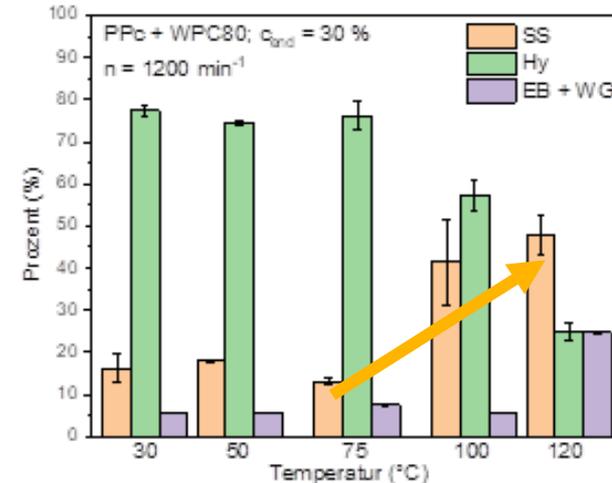
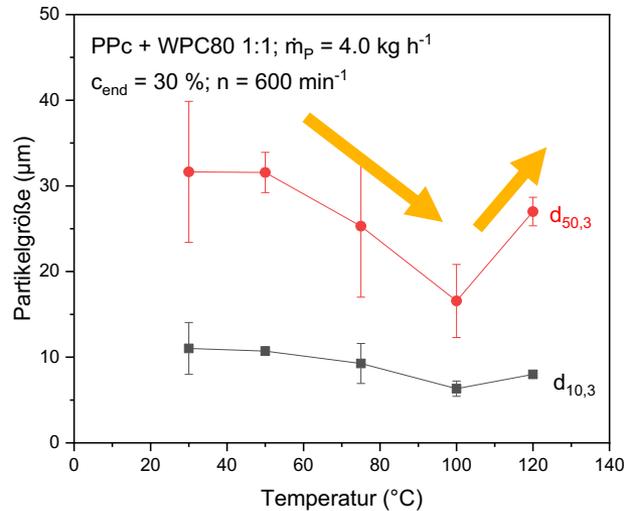
Backup- slides

WP 2b: Influence of mass flow



- Mass flow influence screw filling
- Biggest particles at 4.5 kg / h
- Powder mass flow of 4.0 kg / h is most suitable (smallest particles) -> same as whey proteins

WP 2 b: Hybrid systems 50:50 WPC and PPI



- In hybrid systems particle size and protein interaction are temperature dependent
 - Whey protein start to denature at 70°C -> start of thiol-disulphide interchange -> more disulphide bonds are built
 - Whey protein only fully denatured at 130°C barrel temperature (Wolz, 2016)